





2025/26 Yorkshire & Humberside Regional Schools Championships

Organisation /	Yorkshire & Humberside area
Entries:	Torkstille & Harriberside dred
Venue:	Woodford sports centre
	Holderness Road Hull
	HU8 8JU
Date:	10/01/2026
Entry Process:	Area website: www.yhjudo.org.uk
Participation:	This is a Level 2 Development event for Academic Years 4,5 6 & 7 and a Level 3 Development event for Academic Years 8 to 13 and <u>is not open to the following</u> :
	Years 4 & 5: No eligibility restrictions.
	Years 6 & 7: No eligibility restrictions.
	Years 8 & 9, and Years 10 – 13: Any player who has won a medal at the last British Pre-Cadet/ Cadet/ Junior/ Senior Championships (December 2024). EXCEPTION: any player who won less than two contests at either event IS eligible. Any player with 100 points or more on the Cadet/ Junior/ Senior BJA ranking lists.
	This event is open to all school children who comply with the criteria above and hold a current valid licence of the BJA, Judo Scotland, NIJF, WJA, BJC or AJA.
	Players can change weight categories between this event and the British Schools Championships.
	NO VALID LICENCE - NO CONTEST - NO EXCEPTIONS - NO JUDO
Competition Format:	Technical restrictions will apply in Academic Years 4, 5, 6 & 7. Armlocks & Strangles permitted in Academic Years 10 to 13. This category will be points scoring for eligible players. Please see the BJA Contest Rules for further information.
	Method of Elimination The British Judo Association rules will apply throughout the competition. The method of competition will be compound knockout in categories of 8 or more players and pools and knockout in categories of 7 players or less. The Tournament Director reserves the right to combine or alter categories should entries dictate. In the event of any dispute, the decision of the Tournament Director will be final.
	Contest Times Academic Years 4 & 5, 6 & 7: 3 minutes, 3 minutes Golden Score, Referees Decision. Academic Years 8 & 9: 3 minutes, Unlimited Golden Score. Academic Years 10 to 13: 4 minutes, Unlimited Golden Score.
Seeding:	There is no seeding.

Y & H Judo www.yhjudo.org.uk web@yhjudo.org.uk







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Weight Categories:	Academic Years 4 & 5: (born 1st September 2015 to 31st August 2017) Minimum grade 1st mon (Bottom Red Belt). Male: -27kg, -30kg, -34kg, -38kg, -42kg, -46kg, -50kg, -55kg, and +55kg. Female: -28kg, -32kg, -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, and +57kg. Academic Years 6 & 7 (born 1 September 2013 to 31 August 2015) Minimum grade 4th mon (Bottom Yellow Belt). Male: -27kg, -30kg, -34kg, -38kg, -42kg, -46kg, -50kg, -55kg, and +55kg. Female: -28kg, -32kg, -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, and +57kg.
	Technical restrictions will apply in Academic Years 4, 5, 6 & 7
	Academic Years 8 & 9 (born 1 September 2011 to 31 August 2013) Minimum grade 6 th mon (Top Yellow Belt). Male: -34kg, -38kg, -42kg, -46kg, -50kg, -55kg, -60kg, -66kg and +66kg. Female: -32kg, -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, -63kg and +63kg.
	Academic Years 10 to 13 (born 1 September 2007 to 31 August 2011) Minimum grade 9 th mon (Top Orange Belt) or 4 th kyu (Senior Orange Belt). Male: -42kg, -46kg, -50kg, -55kg, -60kg, -66kg, -73kg, -81kg, -90kg and +90kg. Female: -44kg, -48kg, -52kg, -57kg, -63kg, -70kg and +70kg.
	Please note that the minimum grades for regional competitions are lower than the minimum grade for the British Schools Championships.
Registration & Weigh In:	OPEN weigh in: All female and male competitors MUST present themselves to the weigh-in wearing competition acceptable judogi trousers and must wear a plain crew neck t-shirt/rash guard for weigh ins. All competitors will receive a 0.8kg allowance.
	To be announced on area website in the week before the event. We expect younger groups to be first.
Safeguarding:	Competitors who are entering a category which is different to their sex assigned at birth are requested to contact: safeguarding@britishjudo.org.uk

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British School Championships guidelines – for judoka and parents:

Judoka

- Help beginners or lower grades, if you can.
- Follow all judo rules throughout the event.
- Bow correctly at the beginning and end of a contest. It is not whether you win or lose, but how you play the game.
- Accept decisions; let your coach ask any necessary questions.
- Control your temper, do not shout or abuse other judoka or officials.
- Be a good sport, cheer all good play, and respect all of your fellow judoka.
- Remember that the aims of the British Schools Championships are to have fun, help you develop as a judoka, improve your skills, and conduct yourself in a sportsperson-like manner.
- Represent the ideals, disciplines and etiquette of British Judo to the highest level.
- Treat all judoka as you would like to be treated, do not take unfair advantage of any judoka.
- Co-operate with your coach and opponents, without them you do not have
- Contestants without instruction, adjust their judogi, so that the front and back of the jacket are inside the belt after every mate.

Parents/Coaches

- Please be aware that children develop differently, at different rates and react differently to the same pressures.
- Children and young people are involved in organised sport for their enjoyment as well as yours and so please respect this at all times.
- Always encourage your child to train and compete by the rules of judo.
- Teach your child that effort and teamwork are as important as victory, so that the result of each contest is accepted without unnecessary disappointment and with a positive sporting attitude.
- Never ridicule or shout at your child/judoka for making a mistake or losing a contest.
- Children learn best by example. Applaud good play by your team and by members of the opposing team.
- Do not question publicly the officials' judgement and never their honesty.
- Support all efforts to remove verbal and physical abuse from children's sporting activities.
- Set an example by being friendly to the parents of the opposition, emphasise enjoyment and fun, praise and reinforce effort and improvement.
- Coaching is allowed throughout competition.
- Please remind your child/judoka that without instruction, they should adjust their judogi, so that the front and back of the jacket are inside the belt after every mate (see new BJA rules).

Closing Date for **Entries:** 3rd Jan 2026

or sooner if we hit capacity before then

Entry Fee: £22

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Spectator Tickets:	Free
Photography:	Please be aware you / your child may be photographed at this event. Y&H Judo reserve the right to ask people not to take photos if need be on the day.
Coaching Passes/group leader:	Coaches MUST produce a VALID BJA Coach Card in person to act as matside coach (Only one coach per player will be permitted at any one time). Minimum Level 1 coach award.
	Players without a nominated matside coach will not be able to request a referee review of an action.
	If you are attending the event but will not have a coach with you (For example you are traveling with your PE teacher) please let us know.